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Jastak JT, Yagiela JA, Donaldson D, editors: Local anesthesia of the oral cavity. Philadelphia, 1995, WB Saunders. T. Clinical Action of Specific Agents ' 1 • SELECTION OF A LOCAL ANESTHETIC Although many drugs are classified as local anesthetics and find use within the health professions, only a handful are currently used in dentistry. In 1980, when the first edition of this text was published, five local anesthetics were available in dental cartridge form in the United States: lidocaine, mepivacaine, prilocaine, and the combination of procaine and propoxycaine. 1 In the years since that first edition, increased demand for longer-acting local anesthetics led to the introduction, in dental cartridges, of bupivacaine (1982, Canada, 1983, United States) and etidocaine (1985). In 1975, articaine became available in Germany and later throughout Europe. Articaine came to North America in 1983 (Canada) and to the United States in 2000. Articaine is classified as an intermediate-duration local anesthetic. The combination of procaine and propoxycaine was withdrawn from the U.S. market in January 1996. As this sixth edition of Handbook of Local Anesthesia goes to press, the local anesthetic armamentarium in North American dentistry includes articaine, bupivacaine, lido caine, mepivacaine, and prilocaine. With the availability of these local anesthetics, in various combinations with and without vasoconstrictors, it is possible for a doctor to select a local anesthetic solution that possesses the specific pain controlling properties necessary for the patient for any given dental procedure. Table 4-1 lists local anesthetics and the various combinations in which they are currently available in the United States and Canada. Box 4-1 lists these combinations by their expected duration of clinical action (durations of pulpal and soft tissue anesthesia). In this chapter, each of the available local anesthetics in its various combinations is described. In addition, the rationale for selection of an appropriate local anesthetic for a given patient at a given appointment is presented. It is strongly suggested that the reader-the potential administrator of these drugs-become familiar with this material, including contraindications to the administration of certain local anesthetic combinations (Table 4-2). 52 www.ShayanNemoodar.com In the following discussion of the clinical properties of specific local anesthetic combinations, several concepts are presented that require some explanation. These include the duration of action of the drug and determination of the maximum recommended dose. DURATION The duration of pulpal (hard tissue) and soft tissue (total) anesthesia cited for each drug is an approximation. Many factors affect both the depth and the duration of a drug's anesthetic action, prolonging or (much more commonly) decreasing it. These factors include but are not limited to the following: 1. Individual response to the drug (the "bell-shaped" curve) 2. Accuracy of deposition of the local anesthetic 3. Status of tissues at the site of drug deposition (vascularity, pH) 4. Anatomic variation 5. Type of injection administered ("infiltration" or nerve block) In the subsequent discussion of individual local anesthetics, the durations of anesthesia (pulpal and soft tissue) are presented as a range (e.g., 40 to 60 minutes). This approach attempts to take into account the factors mentioned that can influence drug action: 1. Normal distribution curve (bell-shaped curve): Variation in individual response to a drug is common and expected and is depicted in the so-called bell or normal distribution curve (Fig. 4-1). Most patients will respond in a predictable manner to a drug's actions (e.g., 40 to 60 minutes). However, some patients (with none of the other factors that influence drug action obviously present) will have a shorter or longer duration of anesthesia. This is to be expected and is entirely normal. For example, if 100 persons are administered an appropriate dose of 2% lidocaine HCl with epinephrine 1: 100,000 via suprapariosteal injection over a maxillary lateral incisor, and a pulp tester is used to assess the CHAPTER 4 Clinical Action of Specific Agents 4-1 Local Anesthetics Available in North America (August 2011) TABLE Local Anesthetic (+ Vasoconstrictor) Articaine HCl 4% + epinephrine 1: 100,000 4% + epinephrine 1:200,000 4% + epinephrine 1:200,000 Lidocaine HCl 2% + epinephrine 1:50,000 2% + epinephrine 1: 100,000 Mepivacaine HCl 3% 2% + levonordefrin 1:20,000 Prilocaine HCl 4% 4% + epinephrine 1:200,000 Duration of Action\* Intermediate Intermediate Short Intermediate Short Intermediate Short Intermediate Short Intermediate Short Intermediate Short Intermediate \*The classification of duration of action is approximate, for extreme variations may be noted among patients. Short-duration drugs provide pulpal or deep anesthesia for less than 30 minutes; intermediate-duration drugs for about 60 minutes; and long-duration drugs for longer than 90 minutes. 53 BOX 4-1 Approximate Duration of Action of Local Anesthetics Short Mepivacaine HO 3%: no vasoconstrictor Prilocaine HCl 4%: no vasoconstrictor Bupivacaine HCl 0.5% + epinephrine 1:200,000 Infiltration (Minutes) Nerve Block (Minutes) 5-10 20-40 10-15 40-60 60 Up to 12 hours (e.g., in size and shape of the head or in thickness of bone) from person to person. The techniques presented in subsequent chapters are based on the middle of the bell curve, the so-called normal responders. Anatomic variations away from this "norm" may influence the duration of clinical drug action. Although most obvious in the mandible (height of the mandibular foramen, width of the ramus, thickness of the cortical plate of bone), such variation also may be noted in the maxilla. Suprapariosteal infiltration, usually effective in providing pulpal anesthesia for all maxillary teeth, provides a shorter duration than expected or an inadequate depth of anesthesia when alveolar bone is more dense than usual. Where the zygomatic arch is low (particularly in children, but occasionally in adults), infiltration anesthesia of the maxillary and second molars may provide a shorter duration or may even fail to provide adequate depth of pulpal anesthesia. In other cases, the palatal root of maxillary molars may not be adequately anesthetized, even in the presence of normal thickness of the buccal alveolar bone, when that root fares greatly toward the midline of the palate. In the mandible, it is stated that suprapariosteal infiltration is not effective in adults because their cortical plate of bone is too thick; however, according to the bell-shaped curve, 15% of adult patients should have cortical bone that is thinner, perhaps allowing mandibular infiltration to be effective. The use of articaine HCl by mandibular infiltration in adults has been demonstrated to be highly effective (and is discussed in detail in Chapters 15 and 20). 3.5. Finally, the duration of clinical anesthesia is influenced by the type of injection administered. For all drugs presented, administration of a nerve block provides a longer duration of pulpal and soft tissue anesthesia than is provided by suprapariosteal injection (e.g., infiltration). This assumes that the recommended minimum volume of anesthetic is injected. Less than recommended volumes decrease the duration of action. Larger than recommended doses do not provide increased duration. For example, a duration of pulpal anesthesia of 10 to 15 minutes may be expected to follow suprapariosteal injection with prilocaine 4% (no vasoconstrictor), whereas a 40- to 60-minute duration is normal following nerve block (Table 4-3). CHAPTER 4 Clinical Action of Specific Agents MAXIMUM DOSES OF LOCAL ANESTHETICS Doses of local anesthetic drugs are presented in terms of milligrams of drug per unit of body weight—as milligrams per kilogram (mg/kg) or as milligrams per pound (mg/lb). These numbers, similar to the ones presented for duration, reflect estimated values because there is a wide range (the bell-shaped curve also is seen here) in patient response to blood levels of local anesthetics (or of any drug). For patients whose response to anesthetic blood levels within the middle of the normal distribution curve, administration of a maximum dose based on body weight produces a local anesthetic blood level below the usual threshold for an overdose (toxic) reaction. The response observed if an overdose occurs at that dose is mild (e.g., tremor of the arms and legs, drowsiness). Patients who are hypo responders to elevated local anesthetic blood levels may not experience any adverse reaction until their local anesthetic blood level is considerably above this "normal" overdose threshold. These patients represent little increased risk when local anesthetics are administered in "usual" dental doses. However, hyperresponders may demonstrate clinical signs and symptoms of local anesthetic overdose at blood levels that are considerably lower than those normally necessary to produce such reactions. To increase safety for all patients during administration of local anesthetics, but especially in this latter group, one should always minimize drug dose and use the smallest clinically effective dose. Recommended volumes of local anesthetics are presented for each injection technique in Chapters 13, 14, and 15. The maximum recommended dose (MRD) of local anesthetics has been modified in this 6th edition. In previous editions, both the manufacturer's recommended dose (MRD-m) and the author's recommended dose (MRD-a) were listed. In some instances, these doses differed. Where doses differed, those recommended by this author were more conservative than those recommended by the drug's manufacturer. In this 6th edition of Local Anesthesia, only MRD's that have been approved by the U.S. Food and Drug Administration (FDA) are listed (Table 4-4). Maximum doses are unlikely to be reached in most dental patients, especially adults of normal body weight, for most dental procedures. Two groups of patients, however, represent potentially increased risk from overly high local anesthetic blood levels: the smaller, lighter-weight (and well-behaved) child, and the debilitated elderly individual. Considerable attention must be given to drug administration in these two groups. The maximum recommended dose calculated should always be decreased in medically compromised, debilitated, or elderly persons. Changes in liver function, plasma protein binding, blood volume, and other important physiologic functions influence the manner in which local anesthetics are distributed and biotransformed in the body. 4 The net result of these changes is increased plasma blood levels of the drug, associated with increased relative risk of overdose reaction. The half-lives of the amide local anesthetics are significantly www.ShayanNemoodar.com 55 TABLE 4-4 Maximum Recommended Dosages (MRDs) of Local Anesthetics Available in North America MANUFACTURER'S AND FDA (MRD) Local Anesthetic Articaine With vasoconstrictor Bupivacaine With vasoconstrictor Prilocaine No vasoconstrictor Lidocaine With vasoconstrictor Mepivacaine No vasoconstrictor Lidocaine No vasoconstrictor Mepivacaine mg/kg mg/lb MRD, mg 7.0 3.2 None listed None listed None listed 2.0 0.9 90 90 7.0 3.2 500 6.6 6.6 3.0 4.0 8.0 8.0 3.6 3.6 600 600 CALCULATION OF MILLIGRAMS OF LOCAL ANESTHETIC PER DENTAL CARTRIDGE (1.8 mL CARTRIDGE) Local Anesthetic Articaine Bupivacaine Lidocaine Mepivacaine Prilocaine Percent Concentration 4 0.5 2 2 3 4 mg/ml 40 5 20 20 30 40 x 1.8 ml = mg/Cartridge 72\* 9 36 36 54 72 MRD, Maximum recommended dose. \*Cartridges of some drugs in the United States read, "1.7 mL, each." The actual volume of all local anesthetic cartridges is approximately 1.76 mL, increased in the presence of decreased liver function or per fusion. Peak plasma local anesthetic blood level tends to be higher and to remain so longer in these situations. The calculated drug dose (based on body weight) should be decreased in all "at risk" individuals. Unfortunately, there is no magical formula that can aid in determining the degree of dose reduction for a given patient. It is suggested that the doctor evaluate each patient's dental care needs and then devise a treatment plan that takes into account that person's requirement for smaller doses of local anesthetic at every treatment appointment. A point that has come up in several medicolegal situations related to overdose (OD) of local anesthetics involves the maximum number of milligrams administered and the effect on the patient. Assume, for example, that the MRD for a local anesthetic in a given patient is 270 mg, and the patient is administered 271 mg. The thinking among laypersons (and, unfortunately, some health care professionals too) is that an overdose will definitely occur. However, this may not be the case. As mentioned, many factors interact to determine how a patient will respond to a given drug. When the 56 PART I The Drugs BOX 4-2 Calculation of Maximum Dosage and Number of Cartridges (Single Drug) Patient: 22 Years Old, Healthy, Female, 50 kg Local Anesthetic: Lidocaine HCl + Epinephrine 1: 100,000 Lidocaine 2% = 36 mg/cartridge Lidocaine: 7.0 mg/kg = 350 mg (MRD) Number of cartridges: 350/36 = 9.7 Patient: 40 Years Old, Healthy, Male, 90 kg Local Anesthetic: Articaine HCl + Epinephrine 1:200,000 Articaine 4% = 72 mg/cartridge Articaine: 7.0 mg/kg = 630 mg (MRD) Number of cartridges: 630/72 = 8.7 Patient: 6 Years Old, Healthy, Male, 20 kg Local Anesthetic: Mepivacaine HCl, No Vasoconstrictor Mepivacaine 3% = 54 mg/cartridge Mepivacaine: 6.6 mg/kg = 132 mg (MRD) Number of cartridges: 130/54 = 2.5 MRD, Maximum recommended dose. BOX 4-3 Calculation of Maximum Dosage and Number of Cartridges (Multiple Drugs) Patient: 45-kg Female, Healthy Local Anesthetic: Mepivacaine 2% + Levonordefrin 1:20,000 Mepivacaine 2% = 36 mg/cartridge Mepivacaine: 6.6 mg/kg = 297 mg (MRD) Patient receives 2 cartridges = 72 mg, but anesthesia is inadequate. Doctor wishes to change to articaine 4% + epinephrine 1: 100,000. How Much Articaine Can This Patient Receive? Articaine 2% = 72 mg/cartridge Articaine: 7.0 mg/kg = 315 mg (MRD) Total dose of BOTH local anesthetics should not exceed the lower of the two calculated doses, or 297 mg. Patient has received 72 mg (lidocaine), thus can still receive 225 mg of articaine. Therefore, 225 mg per cartridge = 3.0 cartridges of articaine 4% + epinephrine 1: 100,000. MRD, Maximum recommended dose. MRD is exceeded; there is no guarantee that an OD will occur, only that there is a greater likelihood of its occurrence. Indeed, in certain individuals, an OD may be seen with dosages below the calculated MRD (hyperresponders to the drug). Another factor in determining whether an OD will occur is the time over which the local anesthetic dose was administered. If all 271 mg is administered within a brief time frame, the resulting local anesthetic blood level will be greater than in a situation in which the same dose is administered a little at a time over several hours. These points are discussed in greater detail in Chapter 18. BOX-2 provides examples of how to calculate maximum dosages and numbers of local anesthetic cartridges to be administered to various patients. A minor point, but one that has led to some confusion primarily among dental and dental hygiene students, and also doctors and hygienists in practice, is that labeling changes on some cartridges of local anesthetics indicate that the volume of solution contained in the cartridge is 1.7 mL, not the "traditional" 1.8 mL. In actual fact, dental cartridges did not always contain 1.8 mL of solution. In the late 1990s, when articaine was undergoing the FDA approval process, the question was asked of its manufacturer: "Can you guarantee that each and every cartridge contains at least 1.8 mL of solution?" The answer was "No." Cartridges are filled mechanically, and very slight variation in volume is noted from one cartridge to the next. When asked if the manufacturer could guarantee that each and every cartridge contains at least 1.7 mL of solution, the answer was "Yes." In actual fact, the average volume of local anesthetic solution in a dental cartridge in the United States is 1.76 mL. 6 When the MRD of a local anesthetic for a given patient is calculated, it is advised that a volume of 1.8 mL should be employed. www.ShayanNemoodar.com A commonly asked question is this: "How do I determine the dose of each local anesthetic administered in clinical situations in which more than one drug is necessary?" The answer is again that no guaranteed formula exists for determining this number. One method is simply to ensure that the total dose of both local anesthetics does not exceed the lower of the two maximum doses for the individual agents. For example, a 45-kg (100-lb) patient receiving 4% prilocaine with epinephrine may be given 8.0 mg/kg (3.6 mg/lb) (or 360 mg) during a 90-minute procedure (the approximate elimination half-life of prilocaine). She receives two cartridges (144 mg), but anesthesia is inadequate for the treatment to proceed. As is commonly the case, the doctor blames the lack of anesthesia on the anesthetic drug ("I've got a bad batch of local"), not on technical error or unusual patient anatomy, as is more likely. The doctor elects to switch to lidocaine 2% with epinephrine 1: 100,000 to provide anesthesia. How does one determine the maximum dose of lido caine that may be used? If lidocaine were being administered alone to this patient, its MRD would be 7.0 mg/kg (3.2 mg/lb) or 315 mg. However, she has already received 144 mg of prilocaine within the past few minutes. The amount of lidocaine suggested is the smallest of the two maximum doses (which in this case is 315 mg [lidocaine] vs. 360 mg [prilocaine]) minus the dose of prilocaine already administered (144 mg), which permits a dose of 171 mg of lidocaine, or about 4.5 cartridges, to be administered to this patient (Box 4-3). It is extremely unlikely that a "bad batch" of local anesthetics has been distributed to the doctor. The most common causes for failure to achieve adequate pain control are CHAPTER 4 anatomic variation and faulty technique. (However, blaming failure to obtain adequate pain control on the local anesthetic drug serves to soothe the doctor's ego.) The concept of maximum recommended dose is discussed more fully in Chapter 18. Clinically available local anesthetics (the amides: articaine, bupivacaine, lidocaine, mepivacaine, and prilocaine) are discussed in detail here. Esters (procaine and propoxycaine) are mentioned in passing, more as a matter of historical interest than of necessity. Agents available for topical application (topical anesthetics) also are discussed. ESTER-TYPE LOCAL ANESTHETICS Procaine HCl Pertinent Information Classification. Ester. Chemical Formula. 2-Diethylaminoethyl-4-aminobenzoate hydrochloride. Clinical Action of Specific Agents 57 clinically used local anesthetics. Thus a clean (e.g., bloodless) surgical field is more difficult to maintain with procaine because of increased bleeding. Procaine is of importance in the immediate management of inadvertent intra-arterial (IA) injection of a drug; its vasodilating properties are used to aid in breaking arteriospasm. 7 Although not extremely common, the incidence of allergy to both procaine and other ester local anesthetics is significantly greater than to amide local anesthetics. 8 Metabolized in the blood by plasma cholinesterase, procaine does not exhibit increased toxicity in patients with hepatic dysfunction. The maximum recommended dose of procaine, used for peripheral nerve blocks, is 1000 mg/9 With a dissociation constant (pI

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